

# CURRICULUM VITAE

## CHIU YI J. TAN, MSW, LMSW-C

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*August 2022*

### EDUCATION

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PhD	Expected: 2026	<b>University of Pennsylvania</b> , School of Social Policy and Practice, Philadelphia, PA PhD in Social Welfare
MSW	2019	<b>University of Michigan</b> , School of Social Work, Ann Arbor, MI Concentration Track: Interpersonal Practice/Health
BA	2018	<b>San José State University</b> , Department of Psychology, San Jose, CA Independent Project: <i>The Role of Experiential Avoidance and Values in Academic Procrastination</i>

### ACADEMIC POSITIONS

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Aug 22 – present	<b>PhD Student</b> School of Social Policy and Practice, University of Pennsylvania Advisor: Meredith Doherty, PhD, LCSW
Jan 20 – present	<b>Research Coordinator/Research Area Specialist Associate</b> Department of Psychiatry, Michigan Medicine, University of Michigan (PI: Erin E. Bonar, PhD)
Sep 20 – Aug 22	<b>Research Fellow</b> Michigan Medicine <i>Adolescent and Young Adult Oncology Program</i> (PI: Brad Zebrack, PhD)
Sep 18 – Dec 20	<b>Graduate Research Assistant</b> School of Social Work, University of Michigan (MPI: Anao Zhang, PhD & Brad Zebrack, PhD)

### RESEARCH GRANT EXPERIENCES

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#### Current Research Grants Involvement

*A social media intervention for high-intensity drinking in a national sample of emerging adults* (PI: Erin E. Bonar) Sept 2019 – Aug 2022  
(R34 AA027272) National Institute on Alcohol Abuse and Alcoholism

#### **Role: Research coordinator and Study Interventionist (Health Coach)**

- Update study protocol, consent forms, and continuing reviews, including adverse events. Adapted RCT intervention procedures and suicidal/risk protocols. Corresponded to and prepared IRB amendments
- Refined study advertisements and developed Motivational Interviewing intervention manual
- Revised surveys, created codebooks, measure tables, and programmed Qualtrics surveys
- Led social media recruitments, study enrollment, and follow-up efforts of over 100 participants
- Maintained data management practices, monitored participant engagement and intervention study procedures
- Delivered Motivational Interviewing to 18–25-year-old adults on a social media platform to reduce High Intensity Drinking frequency
- Supervised, trained, and delegated tasks to 2-3 research assistants

#### Past Research Grants Involvements

*Harnessing telemedicine to improve alcohol use disorder outcomes in primary care patients* Sept 2021 – May 2026  
(MPI: Lewei Allison Lin & Erin E. Bonar)  
(R01 AA029400) National Institute on Alcohol Abuse and Alcoholism

**Role: Research staff**

- Participated in meetings to assist in R01 study startup and provide updates on survey development and design
- Prepared study assessments, reviewed relevant literature, and tracked survey modifications
- Provided feedback and edits on study resource brochure, and designed study logo

*Social Media Intervention for Cannabis Use in Emerging Adults* (PI: Erin E. Bonar) Sept 2018 – June 2020  
(R34 DA045067) National Institute on Drug Abuse

**Role: Acting Project manager (Temporary) and Study Interventionist (Health Coach)**

- Delivered social media based Motivational Interviewing intervention to 18–25-year-old adults to reduce cannabis use and/or to promote physical activity
- Referred potential risk assessments and provided tailored resources. Participated in weekly supervisions to ensure fidelity, improve MI responses and increase engagement
- Administered Timeline Follow Back assessments via phone
- Recruited participants, led pilot study follow-up efforts, and kept tally of participant engagement
- Support training and supervision of 2 research assistants to ensure coding fidelity and interrater reliability

*Understanding infertility risks and preferences for reproductive health consultation among AYA cancer patients* (PI: Bradley Zebrack) Jan 2019 – Dec. 2020  
University of Michigan Rogel Cancer Center

**Role: Graduate Research Assistant (Student Research Fellow)**

- Attended meetings with an interprofessional team to discuss the current state of research progress and methods to address developmental, sexual and gender diversity challenges within the study design
- Developed codebooks, inputted data, tracked and presented measurement changes to the research team
- Introduced data entry practices and basic data analysis using SPSS to an undergraduate student

*Psychosocial, behavioral, and supportive interventions for pediatric, adolescent, and young adult cancer survivors: A systematic review and meta-analysis* (PI: Anao Zhang) July 2019 – Nov. 2020  
University of Michigan Psychosocial Oncology Research Grant

**Role: Co-Investigator**

- Screened 5878 titles and abstracts based on the inclusion criteria for a meta-analysis
- Compiled a list of randomized controlled trials related to psychosocial intervention for children, adolescents and young adult cancer survivors and their caregivers
- Led data extraction and management from 44 articles in preparation for statistical analysis
- Coded 44 articles based on its sample characteristics, design, intervention, and survivorship treatment outcome(s)

*From Buddhism to ACT: Relationships between values, mindfulness, and meaning of life* May 2018  
(PI: Jennifer Gregg)

San Jose State University, Department of Psychology

**Role: Undergraduate Research Assistant**

- Engaged in weekly lab sessions to learn, discuss, and explore various literature surrounding the frameworks of Acceptance and Commitment Therapy
- Conducted literature review with PI and lab members
- Worked collaboratively on the abstract, data analysis (mediation), and research findings for a poster
- Presented a poster at the Spartan Psychological Association Research Conference in May 2018

## AWARDS AND HONORS

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2019	University of Michigan   School of Social Work School of Social Work Dean's Mission Scholarship ( <u>\$15,000</u> )
2018	University of Michigan   School of Social Work Eleanor Cranefield Scholarship ( <u>\$10,000</u> )
2017	San José State University Dean's Scholar ( <u>3 Semesters</u> )

## PEER REVIEWED PUBLICATIONS

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Zhang, A., Wang, K., Zebrack, B., **Tan, C. Y.**, Walling, E., & Chugh, R. (2021). Psychosocial, behavioral, and supportive interventions for pediatric, adolescent, and young adult cancer survivors: A systematic review and meta-analysis. *Critical Reviews in Oncology/Hematology*. (IF: 6.31)

### In preparation

Levin, N.J., **Tan, C.Y.**, Stelmak, D., Jannarino, N., Zhang, A., Ellman, E., Herrel, L., Moravek, M., Walling, E., Chugh, R., Haymart, M. & Zebrack, B. (Submitted). To bank or not to bank: Financial concern for adolescent and young adult cancer patients considering fertility preservation services.

Bonar, E.E., Chapman, C., Pagoto, S., **Tan, C.**, Duval, E.R., McAfee, J., R., Collins, L, R., & Walton, M.A. (Submitted). Social media interventions addressing physical activity among emerging adults who use cannabis: A pilot trial of feasibility and acceptability.

## PRESENTATIONS (Peer Reviewed)

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- 3 **Tan, C.**, & Zhang, A. (2021, Oct.). *Meta-analysis of psychosocial interventions for pediatric, adolescent and young adult cancer survivors*. Poster presentation at the 53rd Congress of the International Society of Paediatric Oncology (SIOP 2021). Online virtual.
- 2 **Tan, C.** (2019, March). *Acceptance and Commitment Therapy (ACT) in oncology settings: Implications for social work practice*. Poster session presented at the 2019 Symposium for Social Work Student Learning, Ann Arbor, MI.
- 1 **Tan, J.**, Lin S., Mauricio, J., Mendoza, K., Villa, L., Rauch, M., Wentworth, A., & Gregg, J. (2018, May). *From Buddhism to ACT: Relationships between values, mindfulness, and meaning of life*. Poster session presented at the Spartan Psychological Association Research Conference, San José, CA.

## CLINICAL EXPERIENCES

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- Jan 20 – June 22     **Health Coach, Michigan Medicine | University of Michigan, Ann Arbor, MI**
- Delivered study intervention to Emerging Adults (18–25-year-old) on multiple NIAAA and NIDA-funded R34 studies to examine the feasibility of Motivational Interviewing on social media platforms (e.g., Snapchat, Facebook).
  - Facilitated weekly supervisions and provided mental health and AUD treatment resources as needed
  - Supervisors: Erin E. Bonar, Ph.D., & Anne Fernandez, Ph.D.
- May19 - Dec 19     **Behavioral Health Intern, Beginning Step Behavioral Health, Westland, MI**
- Facilitated ~ 4 group therapy sessions per day in a substance use disorder treatment facility
  - Addressed topics such as grief, anger, and trauma during individual therapy sessions
  - Conducted 1-3 biopsychosocial-spiritual assessments weekly
  - Provided Seeking Safety, psychoeducation, and engaged clients in process work
  - Designed and piloted a program evaluation to improve client-centered approach
- Jan 19 - May 19     **Case Management Intern, Veterans Affairs, Ann Arbor, MI**
- Utilized Housing First model to maintain chronically homeless Veteran's housing outcomes
  - Assessed Veteran's housing conditions, and their occupational and biopsychosocial status
  - Engaged Veterans with problem-solving and self-management skills to maintain their health, behavioral health, and housing status
  - Coordinated services within an interdisciplinary team (e.g., occupational therapist, nurse practitioner, housing director)
  - Program: U.S. Dept of Housing and Urban Development-VA Supportive Housing

- Feb 17- May 18      **Crisis/Suicide Hotline Volunteer, Bill Wilson Center, Santa Clara, CA**
- Provided crisis intervention at the crisis/suicide hotline once a week
  - Actively listened to ~20 individuals per shift who experienced emotional distress (e.g., grief, illness adjustment, intrusive thoughts) or had suicidal ideation
  - Carried out and documented suicidal risk assessments, and notified first responders
  - Conducted low-cost community mental health services eligibility assessments for youths
- Apr 16 - Oct 16      **Oncology Art Workshop Volunteer, Santa Clara Valley Medical Center, Santa Clara, CA**
- Served at the oncology outpatient unit once a week
  - Assisted art therapist and patients in art workshops (e.g., knitting, card making)
  - Initiated art and coloring activities with 10-15 oncology patients weekly
  - Communicated with art therapist and oncology staff to distribute additional art and food supplies

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## QUANTITATIVE SKILLS

Software: SPSS, JASP, Mplus

Methodologies: Data Management, Multiple Regression, Moderation and Mediation, Confirmatory Factor Analysis, Structural Equation Modeling

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## CLINICAL SKILLS

**Skills:** Motivational Interviewing, Social media intervention, Group therapy facilitation, Biopsychosocial spiritual assessments

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## SELECTED CLINICAL WORKSHOPS AND TRAININGS

- 2020      ***Motivational Interviewing Training.*** University of Michigan, Department of Psychiatry. Erin Bonar, Ph.D., Chamisa MacKenzie, MSW, MPH., & Chassi Jensen, LMSW (2 days)
- 2020      ***Introductory Motivational Interviewing Training.*** University of Michigan, Department of Psychiatry. Carrie Bourque, M.S. (1 day)
- 2020      ***Social Media MI Training.*** University of Michigan, Department of Psychiatry. Diane Schneeberger, LMSW (1day)
- 2018      ***A Skills Based Introduction to Acceptance and Commitment Therapy (ACT).*** Santa Clara County Psychological Association. Jennifer Gregg, Ph.D. (0.5 day)

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## SERVICE ACTIVITIES

### *Ad Hoc Journal Reviewer*

BMC Psychiatry  
Journal of Psychosocial Oncology

### *Community*

- 2020 – 2021      **Social Media Volunteer.** Asian Corporate & Entrepreneur Leaders (ACEL)  
Designed graphic illustration to promote mentorship initiatives meetings among Asian Americans and Asian Pacific Islanders on ACEL's Social Media Outlet. Created interactive illustrative social media posts during Asian Heritage Month. Content included resources for those affected by the rising hate crimes, as well as the information about various Asian mental health organizations to destigmatize mental health within the Asian community

- 2019           **Group co-facilitator.** mAss Kickers Foundation  
Read and evaluated mAss Kickers Foundation prospective campers' applications. Highlighted participants' strengths and listed down exploratory prompts. Co-facilitated a one-time virtual group interview to explore applicants' (cancer patients and survivors) motivation to attend the camp
- 2018           **Braven Fellow.** San Jose State University and Chan Zuckerberg Initiative  
Directed empathy-based research with 4 interdisciplinary students to increase and sustain college enrollment in the San Francisco Bay Area. Recruited 40 participants collaboratively, analyzed mixed methods data. Presented findings and prototype to a panel of judges from Chan Zuckerberg Initiative
- 2015 – 2016   **Volunteer.** Santa Clara Valley Medical Center  
Worked with 5-7 volunteers to assist patients' family, caregivers, visitors. Services included providing financial aid information and low-cost health care referrals. Assisted with hospital transportation services and provided basic language translation services (Mandarin-English) between patients, staff, nurses, and physicians when necessary

## CLINICAL LICENSE

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- 2022 – Present   Licensed Master's Social Worker - Clinical, Michigan Bureau of Professional Licensing.  
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